




PINE ISLAND Breakfast Menu



January Brrrr
2012




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Waffle Sticks Sausage Patty Fruit or Cereal and Toast	4 Breakfast Sandwich Fruit or Cereal and Toast	5 Breakfast Pizza Fruit or Cereal and Toast	6 Muffin Fruit or Cereal and Toast
9 French Toast Sausage Patty Fruit or Cereal and Toast	10 Breakfast Sandwich Fruit of the Month Clementine's or Cereal and Toast	11 Pancakes Sausage Patty Fruit or Cereal and Toast	12 Our Home Made Apple Breakfast Pizza Fruit or Cereal and Toast	13 FRIDAY THE 13TH Waffle Sticks Sausage Patty Fruit or Cereal and Toast
16 MARTIN LUTHER KING, JR. DAY  Breakfast Burrito Fruit or Cereal and Toast	17 Cinnamon Roll Fruit or Cereal and Toast	18 WINNIE THE POOH DAY Breakfast Sandwich Fruit or Cereal and Toast	19 Breakfast Pizza Fruit or Cereal and Toast	20 No School
23 Waffle Sticks Sausage Patty Fruit or Cereal and Toast	24 Breakfast Sandwich Fruit or Cereal and Toast	25 Pancakes Sausage Patty Fruit or Cereal and Toast	26 Breakfast Pizza Fruit or Cereal and Toast	27 Muffin Fruit or Cereal and Toast
30 French Toast Sausage Patty Fruit or Cereal and Toast	31 Breakfast Sandwich Fruit or Cereal and Toast		*FYI* If you receive any emails from PAY PAM please disregard. Feel confident that we are working hard to resolve this issue. Thank You! Heidi Osterhaus FSD	 Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.

More than any other meal, breakfast is an investment in good health.

Eating in the morning helps you stay focused and energized through busy days.

Power Up with Breakfast!

No time to eat at home?
Join us for breakfast at school.

JANUARY
HARVEST OF THE MONTH
Clementine 
Acorn Squash  Brown Rice 

BREAKFAST PRICES

Elementary	\$1.30
Secondary	\$1.30
Reduced	\$0.00
Additional Milk	\$0.45

To check the balance in your account or for additional information, contact:
Heidi Osterhaus, FSD
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507-356-8875

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Milk Choice of 1%, Skim and 1% Chocolate is included with Breakfast