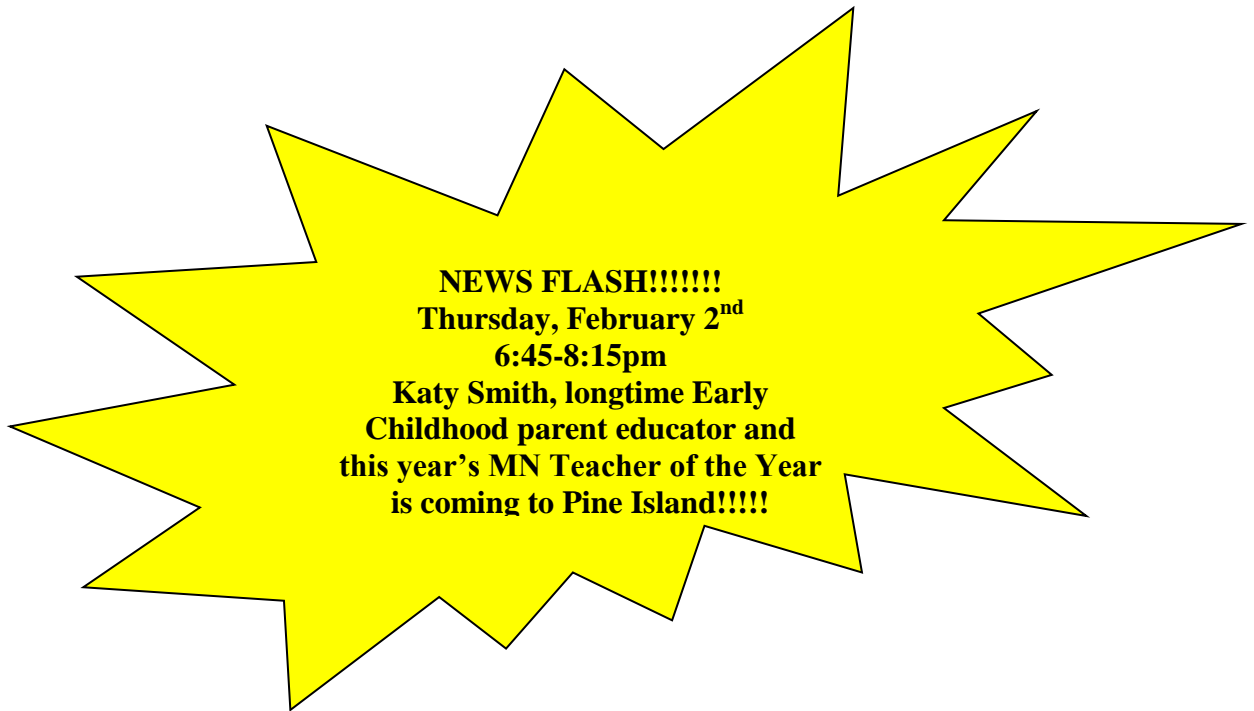


Pine Island Community Education Winter/Spring 2012



See the Early Childhood section of this brochure for more information

Community Education
Box 398 Pine Island MN 55963
507-356-8876

You can also find us and print extra registrations by going to www.pineisland.k12.mn.us, then click on the Community Education button.

General Information

Please register early! If a class, trip, or event does not have a sufficient number of registered participants one week prior to the beginning of the scheduled activity, the class, trip, or event will be cancelled. Fees will be returned to you. To register: complete a registration form. Mail or deliver the completed registration form with fees to the Community Education office. The mailing address is Community Education, Box 398, Pine Island MN 55963. There will be no confirmations of registration. If you do not hear from the Community Education office, you can assume you are enrolled.

Refund Policy: Full refunds will be granted only in the following cases:

1. Classes: You must notify the Community Education office three full days prior to the start of the class. If there is a waiting list and someone else can fill your place in the class, you will receive a full refund.
2. Trips and Tours: You must notify the Community Education office one week prior to the trip. If there is a waiting list and someone else can fill your place, you will receive a full refund. If tickets have been purchased and cannot be sold to someone else, no refund will be given.

Inclement Weather:

When Pine Island School is closed due to weather, community education classes and activities are also cancelled.

Information

Community Education/ ECFE / School Readiness-Kelly Barker 356-8876
kbarker@pineisland.k12.mn.us

Cool School and Panther Pals Director-Darla Burdick
Cool School 507-272-7140 or 356-8876
Panther Pals 507-696-2813

Community Education Secretary Youth Development-Jennifer Talbot

Pine Island Advisory Council

Special thanks to the people who volunteer their time to serve on the ECFE/SR/PI Community Education Advisory Council. New members welcome.

Classes and Opportunities for Seniors

Pine Island Area Home Services

109 3rd Street, P.O. Box 566, Pine Island, MN 55963 356-2999, www.pineislandareahomeservices.org

Pine Island Area Home Services is a non-profit 501(c)(3) program dedicated to providing unbiased volunteer and professional services to promote home-based living for those 65 and older in the Pine Island and Oronoco area.

Volunteer Services

Transportation, respite, handyman services, light housekeeping, chores, friendly visits and other services are available to help elders remain safe and comfortable in their home. Home visits are available to adults 65 and older who would like more information or are in need of assistance.

Nursing and Home Health Aide Services

Request that your social worker or discharge planner contact Pine Island Area Home Services when being discharged from a hospital or care facility. Arrangements can be made for in-home nursing and home health aide services.

Memory Loss Caregiver Support Group

2nd & 4th Mondays 1-2:30 pm, Saint Paul Lutheran Church

Caregivers meet to receive information and to support each other. Confidentiality is maintained. Respite is available upon request.

Adult Children's Memory Loss Support Group

3rd Thursdays, 4-5pm, Pine Island Senior Center

This is an opportunity for adult children helping a parent or relative with memory loss gain a better understanding of dementia/Alzheimer's disease, exchange coping skills and get emotional support from others in similar situations.

Exercise Classes

Tuesdays, 9:30-10:30 am, Pine Island Senior Citizen Center

Gentle stretching, range of motion and strengthening exercises designed to help those who have joint and/or muscle problems achieve improved joint mobility, muscle strength and endurance in order to improve performance and daily activities.

Foot Care Clinic

3rd Thursday each month; \$18 paid directly to the nurse

Call Pine Island Area Home Services at 356-2999 for appointments. In-home appointments are available for elders having difficulty leaving home.

Blood Pressure Clinics (open to anyone)

2nd and 4th Tuesdays, 11 am, City Centre

1st Wednesday each month, 11am, Pine Island Senior Citizen Center

2nd Wednesday each month, 11 am, Oronoco Community Center

In-home blood pressure monitoring is available for elders having difficulty leaving home.

Watch Cable Channel 8 and News Record for information on:

- Educational presentations such as INR At Home Monitoring Service, health topics related to seniors, nutrition, medical/financial preplanning, hospice, funeral planning
- Shopping trips and other outings
- Hearing clinic, eye glass adjustment clinic

SEMCAC Senior Dining

The Senior Dining Program is a great place to get a hot, nutritious noon meal with some diet alternatives. Everyone age 60 and over, and their spouse regardless of age, are eligible for the program. Donations are accepted. No one is denied a meal because of an inability to donate. Reservations are required one day in advance. Meals are served at 11:30 a.m. Monday thru Friday at the Pine Island Senior Center.

Call 356-2228 for more information or to make a reservation.

Senior Craft Group

Join this busy fun group if you like doing crafts or quilting. We make quilts for charities and for sale. We recycle greeting cards and work on a variety of other craft projects. Our crafts and quilts are always for sale at the Senior Center and look for our annual craft sale in December.

Where: Senior Center Craft Room

When: Wednesday mornings

Time: 8AM to 10:30AM (includes coffee break)

Senior Citizens Meetings

Pine Island Senior Citizen meetings are the 1st and 3rd Wednesdays of each month. Business meetings are held the 1st Wednesday, and the 3rd Wednesday is devoted to cards, games and socializing. Other trips, social events, etc. are planned thru out the year. For information check at the Senior Center and we always welcome new members. Our center is also available to use for celebrations and meetings. Contact PI Area Home Services office (356-2999) or Carol Moreland (356-8975) for details and reservations.

Where: Senior Center

When: 1st and 3rd Wednesday of each month

Time: 12 noon (following senior dining meal)

Senior Aerobics

Senior citizens are encouraged to come each Friday morning to join in the senior aerobics program. Movement, music, and fun make exercise more pleasant. Come join the fun and get healthy!

Where: Senior Center

When: Friday mornings

Time: 10:00AM to 10:45AM

Wood Working

Bring your wood working project and enjoy working with friends!

Where: Pine Island Senior Center

When: Tuesdays from 1-4pm

Watch for information on woodworking classes.

Wii Bowling

Wii bowling is a fun exercise at any age. A team is being organized. If you are interested in joining others to learn Wii bowling stop by the senior center or call 356-2228 or 356-2999.

Protecting Your Retirement Assets: New Laws and Updates

Long-term care insurance is not for everyone. But getting educated on how recent MN and Federal laws have significantly changed previous long-term care insurance products is a good idea. Learn exactly how new laws now guarantee that you can protect your assets from future long-term care costs. This class is a "must" for you to decide once and for all whether or not long-term care insurance should be part of your own retirement and estate planning. Instructor: Gerard Goulet, 288-9380

Monday, January 23rd 7-9 pm, Pine Island High School, Room M102

Thursday, March 8th 7-9 pm, Pine Island High School, Room M102

Tuesday, May 1st 7-9 pm, Pine Island High School, Room M102

Fee: \$5.00

Long-Term Care Insurance: Does it make sense?

Long-term care insurance rates are going up. Does this product make financial sense? This advanced class is for those who have wondered about buying long-term care insurance OR for those who already have it. This class shows how you can accurately compare the cost-effectiveness of different policies. Learn what options should be avoided, and where the "gotchas" are often hidden in the fine print. Understand the pros and cons of group plans available from local employers (Mayo Clinic, IBM, others). This class will provide the analytical tools to help you decide if you should even consider buying a policy - or if you should keep your existing policy. Instructor: Gerard Goulet, 288-9380.

Monday, January 30th 7-9 pm, Pine Island High School, Room M102
Thursday, March 15th 7-9 pm, Pine Island High School, Room M102
Tuesday, May 8th 7-9 pm, Pine Island High School, Room M102
Fee: \$5.00

Driver Refresher Class

Take advantage of the MN law that allows renewal of the Driver Improvement Certificate through this four-hour class. This refresher course is for drivers, 58 years old and older, who have previously completed the state certified 8-hour class. Please register for only one date. Please indicate on your registration the date/class that you are registering for. Please send your payment with your registration. Payments will be refunded if you cancel your registration prior to the class.

(Register for only one class – indicate date on registration)

Date	Time	Location	Fee
Friday, January 13th	12:30-4:30pm	Zumbrota Towers	\$18
Thursday, January 26th	12:30-4:30pm	Zumbrota Public Library	\$18
Monday, March 12th	12:30-4:30pm	Zumbrota Public Library	\$18
Thursday, May 10th	12:30-4:30pm	Zumbrota Public Library	\$18

Driver Improvement Class – 55 yr. and older

This class provides practical guidance for traffic accident prevention and it meets the MN DOT requirements for the 10% insurance reduction for drivers 55 and older. This is an eight-hour course consisting of two separate four-hour sessions. It includes classroom presentations and discussions of safe driving practices and the aging factors that typically affect 55+ drivers. Driver fitness topics include vision, hearing, mobility and response time as these relate to the safe operation of a motor vehicle. Techniques to compensate for these factors will be discussed. Class materials include the MN Drivers Manual and related handouts.

Date: Wednesday, February 1st and Thursday, February 2nd
Time: 5:30-9:30pm
Location: Pine Island HS Room M101
Fee: \$20

On-Going Classes



Tae Kwon Do - Ongoing -- New Students Welcome!

You will be instructed in the exciting self-defense movements of this ancient Korean Martial Art. TKD involves blocking and striking with the hand and foot. You'll learn self-defense techniques while developing fitness and discipline. TKD is a fun aerobic activity. You may register through the Community Ed. office or at class with Mr. Wilcken, instructor.

Date: Wednesdays starting January 4th

Fee: \$7/session or \$22/month

**Time: 6:00-7:00pm Youth and Family
7:00-8:00pm Teen and Adult**

Location: Wrestling Room

Instructor: Timothy Wilcken



Open Gym - Ongoing --Volleyball for Adults

Open gym is in the new gym. Exercise is good for the body and the mind. Come join the fun.

Date: Sundays starting January 8th

Fee: \$1 per Sunday

Time: 6:30pm-9:00pm

**Contact: Jonathan Pahl (507) 259-2025
Larry Norte (507) 250-1855**

Location: New High School Gym



Open Gym - Ongoing -- Basketball for Adults

Open gym will be held in the old gym.

Date: Wednesdays starting January 4th

Fee: \$1 per Wednesday

Time: 8:30pm -10:00pm

Location: Old High School Gym

Contact Person: John Monosmith



Hatha Yoga

This is an ongoing class primarily for those that have had some previous experience in yoga asana (postures). The class may involve differing asana sequences from various traditions. This class is our opportunity to stretch, release tension and relax together a weekly activity or as part of your daily yoga practice.

Date: Mondays January 16th – May 14th No Class on 2/20, 3/5, 3/12, 3/26, 4/9.

Time: 6:30-8:00 pm

Location: Elementary Music Room

Fee: \$40

Instructor: Jerry Johnson

Dhyana Yoga

This class is for those that have completed a beginning meditation class, have had previous meditation experience, or for those seeking initiation. The class will involve discussion of various meditation topics and techniques. It is an excellent way to rejuvenate or expand upon one's daily meditation practice.

Date: Mondays January 16th – May 14th No Class on 2/20, 3/5, 3/12, 3/26, 4/9.

Time: 8:00-9:00pm

Location: Elementary Music Room

Fee: \$40

Instructor: Jerry Johnson

Beginning Yoga

The practice of yoga can help deal with stress, Help one learn to be more relaxed, and to gain fitness and flexibility. This class provides the principles and basic exercises for a beginning yoga practice. While the practices are gentle and should be able to be completed by most everyone, they also can be applied more vigorously. Please bring a blanket and or a mat for use in the class.

Date: Tuesdays January 24th – March 27th

Time: 6:30-8:00pm

Location: Elementary Music Room

Fee: \$38

Instructor: Jerry Johnson

Joints & Glands Yoga:

This class will teach us a sequence of simple pleasant stretching exercises and postures as taught by Swami Rama of the Himalayas. The exercises, practiced regularly, can increase circulation to all parts of the body, improve overall flexibility, and help relieve joint discomfort. It can restore a natural vitality to the body and mind by releasing accumulated tension. This class can be used as a primer to prepare for other hatha yoga classes or on its own for the numerous benefits it provides. The series is gentle and should be within the ability of nearly everyone. A blanket and or a mat for the class are recommended.

Date: Wednesdays January 18th – April 25th

Time: 6:30-8:00pm

Location: Elementary Music Room

Fee: \$42

Instructor: Jerry Johnson

COMPUTER CLASSES

All spring computer classes will be held in Pine Island, fall ones will be held in Zumbrota.
For Pine Island classes please use door #25, south side of the school.



Basic Computer ~ held in Pine Island

OK, your kids and grandkids have a computer and they want you to have one too! This is a very common situation with mature adults. The computer age is upon you and it looks very intimidating. Attend this class to get a better feel for the computer and how it works. Learn the basics of the computer and the programs that it has to offer you. We will touch lightly on email but, is not the main focus. A fun class to learn the basics!

Date: Saturday, February 4th

Time: 9:00am -12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

File Management ~ held in Pine Island

You have saved a file and now you cannot remember where to find it? Attend this class to learn how to save your files and organize them. Then we will have some exercises to find the files that you just saved! Great class to learn more of the basics!

Date: Saturday, February 11th

Time: 9:00am-12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Introduction to Microsoft Word ~ held in Pine Island

Basic word processing class that you will learn how to create a document and then change the appearance of it by applying simple character formatting. Learn how to use proofing tools, cut/copy/paste and the office assistant!

Date: Saturday, February 18th

Time: 9:00am-12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Microsoft Word - II ~ held in Pine Island

Explore the world of tables! Tables are used for more than just numbers. It's a great way to keep everything in your document organized. Learn how to format a document to make it easier to read and to emphasize key information. Other topics include: selecting rows and columns, merging and splitting cells, adding borders and fill, and table auto format.

Date: Saturday, March 3rd

Time: 9:00am-12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Introduction to Excel ~ held in Pine Island

Learn the basics of Excel by utilizing its simple database features. Create a worksheet and learn how to enter information and then cut/copy/paste from one worksheet to another. Learn how to make a chart in small easy steps.

Date: Saturday, March 10th

Time: 9:00am-12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Excel II ~ held in Pine Island

The focus in this class is creating several different kinds of formulas all in one worksheet and letting the computer perform the work for you. Also, learn how to format a worksheet to make it easier to read and to emphasize key data by formatting cell contents, adjusting column widths, and inserting/deleting columns and rows. Introduction to Excel is recommended before taking this class.

Date: Saturday, March 17th

Time: 9:00am-12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Mail Merge ~ held in Pine Island

Learn how to make the computer work for you in creating and editing the main document and matching it up with names and addresses. Understand the efficiency of Mail Merge when creating documents, labels, or envelopes in just minutes. Sort/Query options and many other extras are also covered in this class.

Date: Saturday, March 24th

Time: 9:00am-12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Power Point I ~ held in Pine Island

Create powerful presentation slides by using PowerPoint in the Microsoft Office. Learn how to create different templates, adding pictures, modifying slides and slide show option. It's a wonderful class to learn the basics.

Date: Saturday, April 14th

Time: 9:00am- 12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Power Point II ~ held in Pine Island

Expand your knowledge by adding some extras to your slides. Learn how to add hyperlinks, action buttons, graphics, and insert movies or video clips.

Date: Saturday, April 21st

Time: 9:00am -12:00pm

Location: Elementary Computer Lab

Fee: \$18

Instructor: Rose Evers

Classes for Adults



Ghost Hunting 101 Course Description ages 14 and up

Perhaps you've watched Jason, Grant and the other TAPS investigators on Wednesday night's Syfy channel. Now bring it closer to home with the ghost hunter of Rochester! Dr. Nancy J. Horvath-Zurn has been ghost hunting and teaching classes on paranormal investigating for the past three years. She will take you through the basics including terminology, equipment, and the ABC's of conducting an investigation. This workshop will, in addition, include stories, photos, electronic voice phenomena, and video of actual investigations! Listen as this gifted psychic and story teller shares her experiences from the notorious Mansfield Reformatory, The Myrtles Plantation, Lemp Mansion, the Villisca Ax Murder House, and more. Some photos from local "haunts" will be thrown in for good measure. Learn about Ghost Hunting from a "Seer and Sensitive" who will open your eyes to a whole new world beyond.

Date: Wednesday, April 18th

Time: 6:00pm - 9:00pm

Location: High School Choir Room

Fee: \$15.00

Instructor: Dr. Nancy Horvath-Zurn

Haunted Ireland ~ held in Pine Island

You've heard her stories, seen the equipment she uses, heard EVP's and watched video from places like: The Myrtles Plantation, Lemp Mansion, The Villisca Ax Murder House, Mrs. B's Bed & Breakfast, and the haunts of Mantorville. Now travel with The Ghost Hunter of Rochester as she takes you to the Emerald Isle to share her latest adventures and evidence captured in places like The Bloody Chapel of Leap Castle, Charleville Castle nestled in a 700 year old forest, Clonnoy Castle, Ballyseede Castle, Ross Castle, Kinnity Castle and a few quaint 100 year old (or more) B & B's

Date: Monday, April 23rd & Tuesday, April 24th

Time: 6:00-9:00pm

Location: High School Choir Room

Fee: \$24.00

Instructor: Dr. Nancy Horvath-Zurn



Number Systems

Number Systems, why do we have them and why are they important! Tallying sheep to rocket science. We will look at several number systems starting with simple tallying and ending with a Closed Number System.

Prerequisites: At least Algebra I and an understanding of exponents.

Date: Tuesday, March 27th

Time: 7:00-9:00pm

Location: M102

Fee: \$5

Instructor: Jan Fisher



Speed Reading with Jan Fisher (must be at 6th grade reading level or better)

If you find yourself flooded with books, lecture notes, or research materials... if your education or career depends on your ability to find data and concepts presented to you in lectures and meetings or if you just want to be able to go through more books at a faster rate with more comprehension, this is the class for you! Mr. Fisher will use the Evelyn Wood Reading Dynamics program and go through the steps with you in this 8 week course so that you can read as fast as you can flip the page. "Follow the program and you will double or better your reading speed."

Date: Thursdays, January 26th, February 2nd, 9th, 16th, 23rd, March 1st, 22nd, & 29th

Time: 6:30-8:00pm

Location: M102

Fee: \$40 for the 8 sessions

Instructor: Jan Fisher

Please bring two books of your own...one fiction and one non-fiction



Learn how to make Kombucha Tea

It has been called the "Elixir for Immortality"! The history of Kombucha Tea is believed to go back during the Tsin Dynasty in 221 B.C. China. Kombucha converts tea and sugar into a healthy, nutritious detoxifying beverage. President Ronald Regan made the tea a part of his regimen after cancer had been diagnosed in his body. Come and join us to make a cheap beneficial folk beverage.

Date: Tuesday, March 13th

Time: 7:00-8:00pm

Location: Pine Island High School Home Ec. Room

Fee: \$12.00

Instructor: David Stafford

(Please bring a kettle that hold up to 10 cups non-aluminum stainless steel preferred and a 3 quart container with a cover

Dave's Way

Want to lose weight? Need more energy?

Eating healthy will result in weight loss, more energy and vitality! I lost almost 80 lbs. five years ago and kept it all off! With this program you can lose weight, keep it off and feel better the rest of your life! I am a living example that this program works!

Date: Tuesday, February 21st and Thursday, February 23rd

Time: 7:00-8:00pm

Location: M101

Fee: \$10



Intro. To Quilting ~ Sliced Charm Runner: Quilt As You Go!

Get ready for any holiday or create a fun spring decorations with this quick and easy, Sliced Charm Runner! This G.E. Designs pattern is made from 5" Charm Squares and will be 15" x 40" when completed. The runner is made with a quilt-as-you-go method so it comes together quite rapidly.

The cost of the class includes the pattern. Bring your own Charm Pack, 2 yards of coordinating rick rack, and backing and batting slightly larger than the finished dimensions. Ironing boards and irons will be provided. Bring along all your other notions. Any questions feel free to email them at kbates@kw.k12.mn.us or lmcanally@kw.k12.mn.us.

Date: Mondays, January 16th & 23rd

Time: 6:30-8:30pm

Location: Pine Island School FACS room

Fee: \$30 (includes \$9 pattern)

Instructor: Karen Bates & Laura McAnally

Intro. To Quilting-Perfect Ten Lap Quilt

Want something to snuggle up with on our chilly winter nights? Always wanted to try sewing your own quilt? In this class we'll create a lap-sized quilt (42x54) using a very easy pattern so you'll go home successful and warm.

Advanced quilters: This could also be a great time to use up your stash of fat quarters and make some birthday, graduation, and wedding presents before spring gets here.

Materials for this class include: 10 fat quarters or quarter yard cuts, 1 $\frac{3}{4}$ yard of fabric for backing, and crib size batting. Ironing boards and irons will be provided. Bring along all your other notions. Any questions feel free to email them at kbates@kw.k12.mn.us or lmcanally@kw.k12.mn.us.

Date: Mondays, March 5th, 12th, & 19th

Time: 6:30-9:00pm

Location: Pine Island School FACS room

Fee: \$35 + \$3.50 for the pattern

Instructor: Karen Bates & Laura McAnally

COMMUNITY WEIGHT LOSS Challenge ~ in Zumbrota

Are you a fan of the hit NBC show the Biggest Loser? Ever thought you could lose the weight if you had a team to support you and a weight loss coach to motivate you? Here is your chance to prove it! This class will help motivate you to lose weight and get on the road to better health and nutrition for life. Learn about healthy eating, weight loss and exercise that will encourage you to shed pounds in a safe and recommended manner through comprehensive diet and exercise. In addition comes great team support and an energetic and inspiring weight loss coach. There will be weekly prizes. Cash prizes will be given out to the three biggest losers of weight loss by percentage. Transform your body, your health and ultimately, your life!

Date: Mondays starting January 30th - March 26th, no class 2/20

Time: 6:30-7:30pm

Location: ZMHS Choir room

Fee: \$45.00



CPR – Heartsaver Course ~ in Zumbrota

This American Heart Association Heartsaver course will teach you how to recognize the signs and symptoms of heart attack, accessing 911, prudent heart living, one rescuer adult, child and infant CPR along with management of a choking victim. This is an excellent course for childcare providers.

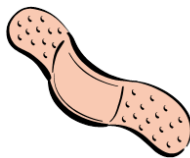
Date: Thursday, February, 16th

Time: 6:30-9:00 pm

Location: ZMHS Media Center (enter through main H.S. doors and follow signs)

Fee: \$38.00

Instructor: Michelle Gillard



Basic First Aid ~ in Zumbrota

Accidents can happen anywhere and at any time. Learn what to do to handle those accidents. Some of the topics covered include: What's an emergency, what's not; bleeding, fractures, seizures, environmental emergencies, burns, shock, poisoning, and allergic reaction. Course completion cards will be issued. The American Safety and Health Institute developed this first aid training.

Date: Tuesday, February 7th

Time: 6:30-9:00 pm

Location: ZMHS Media Center (enter through main H.S. doors and follow signs)

Fee: \$35.00

Instructor: Michelle Gillard



JAM Cooking Class

Do you want to serve your family delicious meals but feel like you never have the time, energy or the right ingredients on hand? Stacey will handle the planning, shopping and the preparation for you! Come to class to assemble your meals, take the meals home and freeze or refrigerate for another day. When you are ready for a hot, healthy meal, pull the bag out of the freezer and **JAM – Just Add Meat** for a hot, tasty, healthy meal that is sure to please. You will leave class with four meals. Teens (10 – 18yrs) and adults welcome. Sign up for one or both sessions.

Session 1: Wednesday, February 8th

7:00—8:00pm

ZMHS Room 114

Meals: Pesto Chicken, South West Chicken, Onion Roasted Chicken and Garlic Pepper Chicken

Session 2: Wednesday, April 11th

7:00—8:00pm

ZMHS Room 114

Meals: Hawaiian Chicken or Pork, Simply Salsa Chicken, Southwest Chicken and Salsa Meatloaf



Instant Piano in Zumbrota

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach not reading, piano professional use chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Topics include: How chords work in a song, how to get more out of sheet music by reading less of it, how to form the three main types of chords, how to handle different keys and time signatures, how to avoid "counting", how to simplify over 12,000 complex chords. Total beginners can request a free pamphlet by sending a SASE to Innovative Keyboard Instruction, 2841 S. Southwind Dr., Gilbert, AZ 85296.

Date: Monday, March 26th

Time: 6:30-8:30pm

Location: ZMHS Band Room

Fee: \$25 class fee, \$29 material fee (material fee paid night of class)

Instructor: Jim Anderson



Athletic Injuries Prevention and Treatment

A 45 minute class with Dr. Danny Grimes of Meints Chiropractic focusing on the prevention, treatment, rehab and identification of some of the more common injuries sustained in athletics. Topics will include sprained ankles, strained muscles, rotator cuff, knee sprains and other specific injuries. Dr. Grimes has been A Doctor of Chiropractic with Meints Chiropractic since 2008 and has an extensive background in sports medicine and physiology.

Date: Monday, April 2nd

Time: 6:30-7:30pm

Location: M102

Fee: \$5.00

Instructor: Dr. Danny Grimes

Straw Bale Gardening ~ held in Zumbrota

Straw Bale Gardening – Breaking New Ground! If you thought the only place to grow healthy crops was in black dirt, you must attend this new class. You will learn how to grow a bountiful garden without using herbicides, insecticides, or fungicides, and without weeding. Learn how to plant a wide variety of vegetables, root crops, vine crops, fruit crops, and even beautiful flower gardens, directly into your “conditioned” straw bales. You will never do the “heavy lifting” or bending over that is required with normal soil-based gardens again. Learn this revolutionary and easy gardening method to create a beautiful and productive garden, without lifting a shovel and without using dirt. *Student handouts will be available for purchase at a cost of \$5 per student.*

Date: Thursday, February 2nd

Time: 6:30-9:30pm

Location: ZMHS Room 124

Fee: \$30

Instructor: Joel Karsten

Glaciers, Farms and Floods: the Unlikely and Surprising History of the Zumbro River ~ Zumbrota

Take a crash course in Zumbro River History as you learn how Minnesota went from mountain range to tropical ocean to ice age Iceland. Discover how glaciers made the river we see today, how recent events are changing the river and some simple (and not so simple) things we can do to keep the river clean and safe. Question and answer period to follow.

Date: Thursday, April 19th

Time: 7:00-9:00pm

Location: ZMHS Room 124

Fee: \$10

Instructor: Kevin Strauss – Education Coordinator, Zumbro Watershed Partnership

Amazing Animals

Did you know that the Zumbro River is home to one of the biggest birds in North America, a fox that can climb trees and a fish more colorful than any tropical swimmer? Join Naturalist Storyteller (and ZWP Education Coordinator) Kevin Strauss on a guided tour of the amazing animals of our region as Kevin uses pelts, skulls, animal props, and stunningly realistic "live" puppets to bring animals alive for children and adults. Adult and Child must register. Cost is \$5 per person or \$10 per family.

Tuesday, April 24th

7:00 – 8:00pm

ZMHS Room 124

Cost: \$5 per individual or \$10 per family

Beginning Hardanger ~ held in Zumbrota

Hardanger is a Norwegian openwork embroidery. In this 5 week class you will be able to finish an heirloom doily. An optional 2 week class will be offered if you wish to learn a few more stitches and finish a small coaster. All supplies except a scissor will be supplied. The type of scissor will be discussed in the first weeks of the class. Come and enjoy making a wonderful family heirloom!

Date: Thursdays January 26th – February 23rd

Time: 6:30-8:30pm

Fee: \$75

Location: ZMHS Art Room

Instructor: Sue Flotterud



Build an Outdoor Room

Spend an evening with an experienced Landscape Design specialist learning how to turn your backyard into the dream space you have always envisioned. Create an extension of your home, a new "room" where you can get away, relax, entertain guests and dine al fresco. You will learn dozens of design ideas and fundamental principles to make your Do-It-Yourself project (or your project installation by professionals) successful and to get the results you really want. We will discuss plans for creating outdoor focal points including fireplaces, water features, specialty lighting, art and sculpture applications. It's not necessary to spend more money; learn to spend it more effectively and your new outdoor room will make you neighbors green with envy. *Student handouts will be available for purchase at a cost of \$5 per student.*

Date: Tuesday, February 28th

Time: 6:30-9:30pm

Location: ZMHS Room 124

Fee: \$30

Instructor: Joel Karsten

The Unexplained

Join Heather Allen for an entertaining evening of conversation and information on the Unexplained. Learn about ghosts, spirits, imprints, angels, astral travel and other not so unusual occurrences. Share stories of supernatural experiences and ask questions to receive insights about them. Whether flickering lights, strange noises, ghost hunting, near death experience, UFO's, "spooky", metaphysical,, or just plain inexplicable, we'll talk about it. Photos, trivia, famous ghosts, and more. Great class for the paranormally curious. Instructor Heather Allen is a psychic medium.

Date: Tuesday, January 31st

Time: 6:00-8:00pm

Location: Kenyon-Wanamingo Elementary School Media Center

Fee: \$19 by January 24th, after that then \$24

Perceptions on Grief and Loss

Whether you've already experienced a situation of grief and loss, or you're curious to learn more about these aspects of life's journey, this class will bring you some insights from the perspective of a spiritual consultant and psychic medium. Topics will include: the transition, continuity of life, dream messages, sending signs, transforming the relationship, and celebration of paths. Class includes a meditation on reconnecting with loved ones and a memory candle activity kit to take home. Materials included in course fee.

Date: Tuesday, February 1st

Time: 6:00-8:00pm

Location: Kenyon-Wanamingo Elementary School Media Center

Fee: \$30 by February 14th, after that then \$36

Instructor: Psychic Medium Heather Allen

Voice: An Intuition Workshop

Explore your own natural intuition. Learn to recognize and develop intuition as a base for further psychic and spiritual growth. Talk about metaphysical and intuitive experiences. Try interactive exercises and games to see if your intuition works and how you can better use it on a daily basis. Class topics: metaphysical experience, intuition, discover your cues, intuitive skills, enhancing intuition. Includes take-home exercises and intuition cards. Fee includes course materials.

Date: Tuesday, March 20th

Time: 6:00-8:00pm

Location: Kenyon-Wanamingo Middle/HS Media Center

Fee: \$21 by March 14th after that \$36

Instructor: Psychic Medium Heather Allen

Couples Massage Class



Introduction to Swedish Massage & Reflexology.

Please bring a yoga mat, or something comfortable to lie on. Dress in comfortable clothing and layers if possible (ladies). A very nice way for couples to be together & relax right in your own home.

Instructor: Suzanne Mehrkens

Certified in Muscle Therapy

Date: Monday April 2nd

Time: 6:00- 8:00pm

Location: Pine Island HS Wrestling Room

Fee: \$25 per couple



Adult Trips

New – The Church Basement Ladies ~ A Mighty Fortress In Our Basement – Plymouth Playhouse

It's 1960 and Beverly gets her first pair of high heels for confirmation; Pastor announces his impending nuptials; Mrs. Snustad and Mrs. Gilmerson plan on a food booth at the County Fair to raise money; and Mrs. Engelson embarks on a spontaneous driving lesson. In the rural church basement kitchen in the spring, reformation is underway and your favorite Church Basement Ladies are facing it head-on. Through it all these "bulwarks never falling" stand strong in their faith and in their friendships.

With more crazy antics, more great new songs, and more lessons reluctantly learned, the Church Basement Ladies are at it again in their new musical comedy, A MIGHTY FORTRESS (Is Our Basement)!

A buffet luncheon will be served before the play and includes: ¼ baked chicken, mashed potatoes and pan gravy, vegetable, fresh bread w/butter, coleslaw, Jello salad, dessert and coffee, tea or milk. Fee includes play, lunch buffet, and transportation. We have reservations for two buses – they will fill fast so make plans now! **Registration closes Monday, January 30th or when full.**

Date: Wednesday, February 22nd

Time: Leave P.I. 9:45am – Return 5:45pm

Location: Meet behind the Methodist Church in the parking lot.

Fee: \$58



Mark Twain's Mississippi aboard the MN Centennial Showboat

What better place to attend the world premiere of this new musical based on Mark Twain's autobiographic book, "Life on the Mississippi", than aboard the MN Centennial Showboat on the mighty Mississippi River? In this production, young Samuel Clemens leaves home to learn steamboat piloting in 1858 and in the process finds himself learning about life, all the while navigating his way from boy to man and from Samuel Clemens to Mark Twain. This show is suitable for the entire family.

A buffet luncheon will be served before the play and includes: Sautéed chicken breast with sun dried tomato sauce, roasted garlic potato puree, sunburst salad with strawberries, mandarin oranges and a poppy seed dressing, vegetables sautéed with fresh herbs and shaved parmesan, fresh rolls, raspberry swirl cheesecake, decaf and regular coffee.

Fee includes world premiere musical production, lunch buffet, and coach transportation. ***The deadline to register is Thursday, April 12th or when full.***

Date: Thursday, May 3rd

Time: Leave P.I. 9:30am – Return 4:45pm

Location: Meet behind the Methodist Church in the parking lot.

Fee: \$60



Spring Fever at Bachman's and Home Essentials Boutique

Bachman's, Minneapolis and Home Essential, Lake Elmo

Catch some spring fever with a day of decorating ideas and shopping....

We will take a self-guided tour of the famous Bachman's Ideas House. While touring this historic home, you'll find a mix of vintage and new, which will inspire you with decorating ideas perfect for spring. Please note that because the Bachman's Ideas House is an historic property, it is not fully handicapped accessible. The main floor of the house is accessible via an outdoor wheelchair ramp; however the second floor is only accessible by stairs. We will have lunch at Patrick's Bakery Café, located in a greenhouse at the Bachman's Garden Center. There will be plenty of time to shop and look around in the gift center and the green houses. ***Lunch is on your own.**

Next, we'll make a stop at Home Essentials Boutique in Lake Elmo, a seasonal boutique that has a changing array of everyday and seasonal items. With over 175 juried vendors, bringing their very best, you will always find fabulous furniture, original floral arrangements, exceptional gourmet foods, and unbelievable one-of-a kind treasures and gifts at unbelievable, affordable prices. Check this out online at www.homeessentialsboutique.com . *Fee includes coach bus ride and admission for Bachman's Ideas House. **Registration closes March 15th or when full.***

Date: Friday, March 23rd

Time: Leave P.I. 8:00am – Return 5:00pm

Location: Meet behind the Methodist Church in the parking lot.

Fee: \$29



"The Fox On The Fairway!" Old Log Theater

This play is a madcap golfing comedy that hits a hole-in-one! It's a laugh out loud show from the author of Lend Me a Tenor, Moon over Buffalo and Crazy for You. Rival country clubs Quail Valley and Crouching Squirrel are heading into their 43rd annual golf grudge match. Bogies, Birdies and Backswings oh my! When the best golfer switches teams, Henry, the Quail Club president – has no choice but to replace him. However, the young golfer and his girl manage to stay on the fairway and ace a happy ending. To quote the review, "three words describe The Fox on the Fairway – Hilarious, Hilarious and Hilarious!"

Please indicate menu choice at time of registration: Lemon Artichoke Chicken Breast with Spinach and Sun-Dried Tomatoes; Smoked Windsor Pork Chop; Freshwater Canadian Walleye Pike Almandine; Beef Stroganoff or Vegetarian Lasagna. ***Please register by May 10th.***

Date: Thursday, May 17th

Time: Leave at 9:45am – Return 5:15pm

Location: Meet behind the Methodist Church in the parking lot.

Fee: \$56 (includes transportation, lunch and matinee)

All Aboard the Magical Mystery Tour of 2012!



Chug.. chug.. chug.. chug.. toot.. toot!

Adventure and excitement abound on this magical mystery tour. Grab a friend and hop aboard. First we will enjoy some awe inspiring historic sight-seeing , then enjoy a delicious early dinner, followed by a grand expedition up the majestic Mississippi River Valley. This voyage will take us through bluffs and valleys, beside forests and village depots. All Aboard!!! ***Please register by February 17th.***

Date: Wednesday, April 11th

Time: Leave 1:15pm – Return 10:30pm

Location: Meet behind the Methodist Church in the parking lot.

Fee: \$51

Winter Youth Field Trip



Bounce World and Stewartville Pizza Ranch (grades 1st - 6th)

The weather outside is frightful but its toasty warm in Bounce World. Join Community Education for this non-school day field trip. Bounce World is Rochester's NEW 15,000 sq. ft. indoor bounce play land! At Bounce World they have 11 inflatables that rotate from their large Jolly Jumpz collection so there's always something new! All participants **must bring or wear socks**. After we finish up our jumping time at Bounce World we will then head over to Stewartville to have a lunch buffet at the Pizza Ranch!

Date: Monday, February 20th

Time: 8:30am – 1:30pm

Location: Meet by the Panther Doors

Fee: \$17.00

(A waiver must be signed and returned along with the registration. The waiver is located in the back of the Community Education brochure.)

Registration Deadline: February 6th

Kids Fall Classes



Project Get Outdoors - Grades 3rd, 4th & 5th

Third, fourth and fifth graders can join this 4-H Project Get Outdoors (Project GO) after school club to learn about the environment and how to identify our valuable natural resources. The mission of the 4-H Project GO is to facilitate outdoor recreation experiences that develop healthy kids and increase environmental stewardship behaviors. Students will spend time exploring the Douglas Trail and Zumbro River; we usually get out and get our feet wet and walk in the river when it is warm. Club meetings will be held at the Pine Island Elementary School from 3:10 – 5:00pm. Snacks will be provided and club members will go outside every session, weather permitting. Please register through the Community Education office.

Date: Tuesdays starting March 6th – May 15th. No class on April 3rd.

Time: Tuesdays 3:10-5:00pm

Location: Elementary Art Room

Fee: \$18.00

Instructor: Katie Dudley



CABS – Childcare and Babysitting

This course was developed by the American Safety and Health Institute for current and soon to be babysitters. Babysitting isn't just "watching" the children anymore. Learn what it takes to be a responsible babysitter. Classroom topics include emergencies, first aid, personal safety, child development, toy safety, discipline, feeding and childcare tips. Course completion cards will be issued at the end of the training. Michelle Gillard is the instructor.

Date: Tuesday and Wednesday, May 1st and 2nd

Instructor: Michelle Gillard

Time: 3:15-4:45pm

Location: Elementary Art Room

Fee: \$30

(Please register one week before the class is held)



First Aid for Little People

Are you prepared for an emergency? This class teaches children how to recognize the true emergency and what action to take. Basic first aid topics will be covered. How and when to contact 911 will be reviewed. What is an emergency and what do you do? Be prepared. Be safe.

Date: Wednesday, April 4th

Time: 3:15-4:15 pm

Location: Elementary Art Room

Fee: \$20

Instructor: Michelle Gillard

Some adults have inquired about the class and may attend with grades 4-8.

(Please register one week before the class is held)



Winter “Cold & Frosty” Ages 6-12

Ready, set, CREATE! Take home amazing pieces of art this session with Watch Me Draw! Learn to draw an awesome snowboarder, a 3-D blizzard landscape, a few of our favorite hibernating animals and other winter themed art you'll love creating! We'll complete a finished frame worthy masterpiece each week that will give you the practice, confidence and skills to use in all your art work. Students will have a blast implementing new techniques and different mediums each week! Our curriculum is designed to be fun and exciting in a format that keeps children motivated. Lessons are never repeated; all supplies included! Have a blast making the coolest art around...YOURS!

Date: Thursdays, January 26th – February 23rd

Time: 3:10-4:10pm

Location: Elementary Art Room

Fee: \$46.00



Spring “Artsy Bugs and Crazy Critters”! Ages 6-12

Bugs can be bizarre or cute, but all are ARTSY to look at and fun to create! Draw beetles, frogs, dragonflies and more! Learn about Steve Kruscher's "Bug Art" and discover that even bugs can be artists! Some of the Crazy Critters you'll draw include playful pygmy goats, a tree crazy cat and a larger-than-life famous folk hero! Take home a finished masterpiece each week! Watch Me Draw! Curriculum uses a variety of subject matter, style, and media, providing each child with a progressive art-enriched experience.

Date: Thursdays March 8th – April 5th

Time: 3:10-4:10 pm

Location: Elementary Art Room

Fee: \$46.00



Kids 'N Clay...Dolphin Tale!

Kids 'N Clay is the perfect way to express your creativity in the wildly, colorful and creative clay class! We'll create dolphins and other animals inspired from the book *Dolphin Tale*, about a dolphin named Winter. You'll have a blast using animator's clay, texturing tools and fun combinations of objects and clay to make amazing pieces of CLAY ART ready for display! Take home your own uniquely designed clay masterpiece each week! Our projects are carefully designed to give every child a "Wow – I created this!" experience, teach new skills, and provide a fresh approach and confidence for all their art. Messy to make but fun to create! All supplies included!

Date: Thursdays April 19th – May 3rd

Time: 3:10-4:10 pm

Location: Elementary Art Room

Fee: \$31.00



Paint and Create on Canvas!

Do you love to paint or always wanted to? Than this class is definitely for you! Create your own canvas masterpieces through our guided painting lessons! Take home finished canvas painting each week while learning about color, design, mixing and layering in a fun and enjoyable manner. Work with different techniques and tools for unique effects and exciting results! Messy to make but fun to create! Have a blast creating the coolest art around...YOURS!

Date: Thursdays May 17th – May 31st

Time: 3:10-4:10 pm

Location: Elementary Art Room

Fee: \$31.00



Boys and Girls Elementary Basketball

Coach Jeremy Marquardt will be here for a fabulous season! The fundamentals of basketball and good sportsmanship will be covered. Elementary basketball stresses the importance of learning a lifelong sport in a noncompetitive environment. Elementary basketball also stresses the value of recreation and fun. Participants receive a basketball shirt. 3 on 3 will start with the same skill work and basketball drills. Each day will end up with a 3 on 3 half court games. We will need some parents to help “REF” the 3 on 3 games. **(Please indicate shirt size on the registration.)**

Y–Small, Y–Medium, Y–Large (Youth sizes) / Adult Small, Adult Medium, Adult Large, Adult XL

Dates: Sundays starting January 22nd – March 11th

Times: 12:30–1:15pm (ages 4–5)

1:30–2:30pm (K–1st grade)

2:30 – 3:30pm (2nd – 3rd)

Location: Old High School Gym

Instructor: Jeremy Marquardt

Fee: \$45



Little Panther Cheer Team

Welcome to our new coach, Miss Deb Berg, who comes to us from Zumbrota-Mazeppa with 15 years coaching experience! Miss Deb is so excited to share her love of cheerleading with our little ones here in Pine Island!

Come join the Cheerleading fun learning cheers, jumps, basic tumbling, dance and of course stunting! All participants will have the opportunity to cheer & perform at a real Panther Girls Basketball game! You will receive a Panther cheer T-shirt for participating. Hopefully we can cheer the panthers to V-I-C-T-O-R-Y! **Please wear tennis shoes, shorts, and T-shirt to practice.**

Practices:

Thursday, February 2, 6-7:15pm (start out in cafeteria but move over to elementary gym at 6:30)

Monday, February 6, 6-7:15 Elementary Gym

Wednesday, February 8, 6-7:15 Cafeteria

Performance Night: Thursday, February 9th. **Practice at 5:30 in the cafeteria during 1st half of B game, sit together second half of B game and then perform between the B & A squad games.**

Fee: \$35 includes t-shirt

Please include shirt size when registering.

Community Opportunities

Giants Ridge Ski and Snowboard Trip

Students in grades 7-12 are welcome to join the trip Biwabik and Giant's Ridge Resort on February 10th -12th. Cost for 2 lift tickets, meals, lodging, and transportation is \$140.00. Additional are ski rentals for \$20/day and snowboard rentals for \$24/a day. Students will need to provide money for two fast food meals, and bring sleeping bags, mattresses, and towels for the stay at the Biwabik. Look for additional information on posters at PI School starting in January or call/email Mary Bakeberg at 356-4839/pibake@pitel.net.

Pine Island Ski and Snowboard Club

Students in grades 5-12 are welcome to participate. Younger students must be accompanied by a parent. Beginners are welcome; we give free ski and snowboard lessons. There are no attendance requirements: pick any or all Sunday afternoons in January and February. **Make checks payable to PI Ski and Snowboard Club.** Bring your permission slip and meet behind the school by the gym entrance to start loading at 2:45pm. The bus leaves at 3:00pm and will be back at 9:00pm. Permission forms and information sheets will be available at school and sent home with students in December. For more information or questions contact Mary Bakeberg 356-4839 or Dena Hoel 356-2488.

Date: January 8th – February 26th, no trip on February 12th

Time: 3:00–9:00pm

Location: Meet at Panther door

Fee: \$21for lift ticket, \$20 for skis/snowboard rental, \$3.00 bus

Drivers Education

Advantage Driving School
Byron, MN
(507)951-2895
www.PantherDrivingSchool.us



Parents of future driving students,

Bill Walker of Panther Driving School –in association with Advantage Driving School will once again teach both the classroom and behind the wheel lessons. Winter/Spring class for Drivers Education at the Pine Island High School will be held February 27th, 28th, 29th, March 1st, 2nd, 5th, 6th, 7th, 8th, 9th. The class will be held in room #215 3:15pm-6:15pm.

Minnesota law requires children under the age of 18, who wish to drive, to attend 30 hours of classroom instruction and 6 hours of behind the wheel instruction with a Department of Public Safety certified instructor. Children 14 years of age and older are able to attend; however, they cannot obtain their permit until their 15th birthday.

If you are interested, or have any questions, Please e-mail him at B1961walker@yahoo.com or call the number above. Please make all checks payable to Panther Driving School. Class is limited in size. Costs are \$150.00 for the classroom instruction, \$185.00 for the behind the wheel instruction for a total cost of \$335.00.

We also offer the 6 hours, of driving instruction to children that have had the classroom portion through someone else. The cost for this is \$200.00

For all driving lessons, we will pick your child up and drop them off at your house. We do four 1½ hour sessions.

Thank you for your consideration,
Bill Walker



Van Horn Public Library

Winter/Spring Story times

The Van Horn Public Library's Winter/Spring Story Time sessions will run from February 15th to April 18th on Wednesday's at 10am and 2pm in the Youth Library. Registration is not required. Children under 3 must be accompanied by an adult. For more information, contact the library at 356-8558 or pipl@selco.info .

Hot Reads for Cold Nights

Hot Reads for Cold Nights is back once again at Van Horn Public Library. This year, Hot Reads will run from January 9th – March 2nd. Book Bingo is back by popular demand. The first ten people to register will win a gift. For each bingo completed, you will receive a Hot Reads pen or magnet and be entered into our weekly drawings for great prizes. The three people who complete the most bingos will win a grand prize. Contact the library at 356-8558 or pipl@selco.info for more information.

Book Club

Join us for delicious coffee and great conversation! Van Horn Public Library's book club meets the 2nd Wednesday of each month at 6pm at Better Brew Coffeehouse (301 N. Main St.). Copies of the books are available for checkout at the library. Book Club dates for Winter/Spring 2012: January 11th, February 8th, March 14th, April 11th, and May 9th. For more information or for a list of the books we will be discussing, contact the library at 356-8558 or pipl@selco.info .

The Pine Island Area History Center

www.pineislandhistory.org

Are you interested in the history of the Pine Island area? If so, you should plan to visit the Pine Island Area History Center at 314 North Main.

The Research Area has been helpful to visitors looking for Pine Island or family information. We have many photos relative to the area, some of which have been published in our yearly calendars. Also on file is all of the school yearbooks beginning with the first one published in 1941, the second in 1950 up to the latest copy. During your visit we know you will enjoy talking and reminiscing about some of the artifacts on display as well.

Regular open hours are Sundays from 1:00-3:30 pm and/or Mondays from 8:00-11:00 am. If those hours do not fit your schedule, pick a time convenient for you and call Vettels at 507-993-4860 or; Glamms at 507-356-4112 or; Bjugans at 507-356-4322 and plan your visit.

We also encourage groups to spend time at the Center. If you're planning a class reunion or a family gathering make the Pine Island Area History Center one of your options.

Established in 1998, the Pine Island Area Historical Society is a 501 (C) 3 non-profit organization.



Early Childhood Screening (ECS)

Dates Set for 2011-2012

Is your child between the ages of three and four? This is the ideal age to come to ECS. Screening dates have been set for the 2011-12 calendar year, and appointments are now being taken. ECS will be offered Tuesday, March 6th 2012 and Wednesday, March 7th 2012. Children should be seen at the screening closest to their fourth birthday while they are still three. Call the Health Office at 356-8785 to secure your appointment. Call early for best availability. Children who are over 4 and children entering kindergarten in the fall of 2012 (who haven't been screened) should also be screened in March. ECS is free and required for kindergarten entrance. The child is not required to "pass" to get into kindergarten.

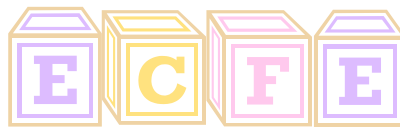
The purpose of screening is to identify problems early so they can be corrected. The child will then enter kindergarten ready to learn. Because the legislature believes early intervention is so important, it has set funding at a higher rate for screening three year

olds than four or five year olds. You can help your school district the most by bringing your child to screening before he/she turns age four.

A child and teen check-up at a county health department or a Head Start screening also meets the requirement for screening. Attending preschool or ECFE classes, however, does not eliminate the requirement. If they prefer, parents may opt to have a similar screening done with their family physician and pay any necessary fees. Early childhood screening is not the same as a well-child checkup. The physician needs to do a standardized cognitive assessment such as the Denver or Dial. Generally, physicians do not do these tests and the screening would not be complete. Be sure you obtain a complete screening with all the required components if you use your doctor. A summary of the screening would need to be supplied to the school as proof that the screening took place.

If you have questions regarding screening eligibility or any other questions regarding early childhood screening, please contact ReNee Bofferding, ECS Coordinator and Licensed School Nurse at 356-8785.

Pine Island ECFE
Early Childhood Family Education



Session II – January 16th –June 1st

No one will be turned away due to inability to pay. Please call 356-8876 for more information.

Kelly Barker, Coordinator
Gail Ryan, Early Childhood Teacher

Bienvenidos a E.C.F.E.

Es una programa para los niños de la edad del nacimiento a cinco años y los padres. El programa es disponible a la escuela local. Por favor llame para conseguir más información si tiene interés en ese programa. Gracias!

School Readiness Pre-School Class – A nurturing learning environment for your preschooler.

This class will work on pre-kindergarten skills, such as large and small group socialization, listening, taking turns, following directions, and becoming familiar with school and school routines. We will also be working on concepts, such as counting, pre-math and pre-reading skills, letter and number recognition, shapes, colors, printing, and begin to use the computer. The children will be able to participate in story time, art projects, gym, and playground activities.

Parents will be offered opportunities to attend informal parent sessions, special events, and other parent-child activities. Children also learn Spanish and sign language each week.

Morning Groups 8:30-11:00am

Miss Gail.....Room E102 Mon. Wed. and Thurs.

Miss Liz Room P111 Mon. Wed. and Thurs.

Afternoon Groups 12:30 -3:00pm

Miss GailRoom E102 Mon. Tue. and Thurs.

Miss LizRoom P111 Mon. Wed. and Thurs.

Fee: \$145 a month

Instructors: Gail Ryan & Liz Boehmke. Enrichment activities by Miss Kelly

Starts: January 16th

Tuesday Morning Moms and Dads

You will enjoy playing and socializing with your preschoolers. Parents will separate for 45 minutes of parenting time. Children will enjoy age appropriate activities, art projects, songs, and “the mystery box” with Miss Gail, which is always a favorite.

Date: Tuesday Mornings starting January 17th

Time: 10:30am -12:00pm (open play with separate parenting time)

Location: E102

Fee: \$35 per family or daycare

Instructor: Gail Ryan and Kelly Barker

Birth-Three Years (Infant-Toddler class)

Come learn and play with your emerging little person. Parents will remain in the Early Childhood classroom to discuss a variety of age-appropriate topics. A great opportunity to get together and meet other new parents and playmates.

Date: Thursdays starting January 19th

Time: 5:15-6:15pm

Instructor: Liz Boehmke and Kelly Barker

Location: E104

Fee: \$35

Infant/Toddler Gym Time

This group will be meeting in the old elementary gym, so there will be lots of room for large motor activities (balls, wagons, etc.). There will also be an area for quiet activities like books, puzzles, and toys. Bring your little one and come shake out your sillies! Daycares welcome!

Date: Friday Mornings starting January 27th

Time: 10:45 -11:45 am

Instructor: Lori Haas

Location: Elementary Gym

Fee: \$25 (per family or daycare)

Evening Mixed Age 3-5 year olds.

A wonderful opportunity for your preschooler to work, play and learn with other children in the early childhood setting. Emphasis will be on socialization and age appropriate concepts. This class is designed for children 3-5 years old. Parents attend one Thursday per month and take part in parenting time.

Parents attend the first Thursday of the month

Date: Thursdays starting January 19th

Time: 5:00-6:30pm

Instructor: Liz Boehmke

Parent Education: Sam Michels

Location: E102

Fee: \$75

Morning Three's and Four's Preschool

Welcome families of 3's and 4's. Children will focus on socialization, school routines, and being in large and small groups with others. They will have opportunities to participate in story time, art projects, and free choice activities, manipulative and much more.

Date: Tuesdays, and Fridays starting January 17th

Times: 8:15-10:15am or 10:30am -12:30pm

Instructor: Liz Boehmke

Location: P111

Fee: Two morning's \$110/month

Special Events



"Rescuing Childhood" speaker Katy Smith

Parents don't miss this evening of fun and entertainment. Katy Smith returns by popular demand!! Katy is a long-time early childhood parent educator and this year's MN Teacher of the Year. Katy's topic will be "Rescuing Childhood". If you have never heard Katy Smith you don't want to miss this one.

Childcare providers can earn 1.5 hours of training.

Date: Thursday, February 2nd

Time: 6:45-8:15pm

Location: PIHS Choir Room

Fee: \$5.00

Childcare will be provided at \$2.00/child. Please sign up for childcare when you register. Specify ages of children.



Indy 500

Bring your "Race Car" (tricycle, wagon or ride-on toy) and have a wonderful time speeding along on the track. Officer Josh will be on hand to provide some safety rules and do fingerprints.

PLEASE BRING AN ITEM FOR THE FOOD SHELF TO THIS EVENT. A snack will be provided.

Date: Thursday, March 22nd

Time: 6:00-7:00pm

Location: School Cafeteria

Fee: FREE



Easter Egg Hunt

Hop on over to Pine Haven and gather up the goodies. Bring your camera and a basket. Please dress for the weather.

Date: Saturday, March 31st

Time: 1:00pm

Location: Pine Haven Care Center

Fee: FREE



Kindergarten Bus Ride

Meet at the elementary doors to go over safety and the bus rules. Then it's off for a quick ride with the staff. This is a great opportunity for the children to get over any anxiety over riding the bus, and a wonderful opportunity to learn about safety and rules.

Date: Monday, May 7th

Time: 6:00pm

Location: Meet at door #25

Fee: FREE

ECFE Program and School Readiness Program

Tuesday evening May 22nd we will hold a short practice from 6:00-7:00pm in the cafeteria. Morning, afternoon, and night school readiness classes should attend this practice. Thursday evening May 24th 6:00-7:30pm will be the ECFE program. All ECFE students, families, and grandparents are invited to attend. Refreshments will follow.

Date: Tuesday, May 22nd 6:00-7:00pm - practice - School Readiness morning, afternoon and evening Kids only.

Date: Thursday, May 24th 6:00-7:30pm - program and refreshments

Location: Pine Island School Cafeteria



Supply List for School Readiness/ECFE

- 1 large backpack for your child
- 1 box of Kleenex (night groups)
- 1 roll of paper towels
- 1 pkg. Elmer Glue sticks
- 1 box of 8 Crayola Markers washable, (birth to three class jumbo markers)
- 1 package of snacks (fruit cups, granola bars, etc.) snacks must be store bought.
- 1 jug of 100% Juice
- 1 box of Ziploc bags (just daytime groups)

Home Visits Available

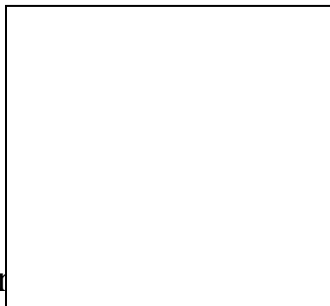
If you are unable to attend ECFE sessions and are looking for some parenting information and activities to do with your children, please call Kelly Barker at 356-8876. Childcare providers are encouraged to call as well.

Welcome to New Babies

The ECFE and Birth-to-School staff would like to meet with families with new babies. If you have a new baby or know someone with a new arrival, please let us know. Call 356-8581 and leave a message for Kelly Barker.

Census

Because our funding is based on 0-4 population, it is extremely important for us to have an accurate census. If you have moved into the Pine Island School District this year or have had a new baby, please let us know by calling the Community Education at 356-8876.



Pine Island Community Education 2 Form

This form is also found on the school website at www.pineisland.k12.mn.us

Box 398, Pine Island, MN 55963 507-356-8876

Participants Name: _____

Address: _____

E-Mail Address: _____

Daytime phone: _____ Evening phone: _____

Male Female Birthdate: _____ Grade: _____

Trip/Activity/Course Title: _____

Trip/ Activity/Course Date: _____

Trip/ Activity/Course Fee: _____

Emergency Contact Information

IT IS VERY IMPORTANT THAT WE HAVE ACCURATE EMERGENCY CONTACT INFORMATION.

Parent/Guardian _____

Telephone _____

CellPhone _____

E-Mail _____

Parent/Guardian Signature _____

We like to photograph our participants in action from time to time.

My child may be photographed. Yes No

Registration information:

Please make checks payable to Pine Island Community Education. If Community Education cancels an activity, you will receive a credit. You need to write out separate checks for separate events, but not for each family member. Checks will be cashed the day of the event. Please note some camps have their own registration form.

If using discount, copy of valid South Country or UCare card must be attached.

Please note your shirt size if your class or team includes a t-shirt:

Youth: Small, Medium, Large, X-Large Adult: Small, Medium, Large, X-Large

WAIVER FORM

In consideration of being allowed to enter the play area and/or participate in any party and/or program at Jolly Jumpz Bounce World, the undersigned, on his or her behalf, and on the behalf of the participant(s) identified below, acknowledge, appreciates and agrees to the following conditions:

I represent that I am the parent or legal guardian of the Participant(s) named below, or if signing for a Participant (s) whom I am not the parent of legal guardian, I represent that after I discussed all the inherent risks associated with participation in Jolly Jumpz Bounce World programs with the parent or legal guardian of the Participant(s), I have obtained permission and full legal authority to act for and on the behalf of the Participant(s) from the parent/legal guardian, including but not limited to, authorization to sign this "Waiver Form" for the parent or legal guardian for the sole benefit of the Participant(s) to participate in Jolly Jumpz Bounce World programs, and agree to indemnify and hold harmless Partner Up Promotions, LLC dba Jolly Jumpz Bounce World for an expenses, claims or liabilities that may arise as a result of any insufficiency of my full legal authority to execute that waiver and release.

I am aware there are inherent risks associated with participation in Jolly Jumpz Bounce World programs, parties, and/or use of the play area and inflatable equipment and I, on behalf of myself and the participants(s) named below, knowingly and freely assume all such risk, both known and unknown, including those that may arise out of the negligence of other participants. I agree that the participant(s) named below and I shall comply with all stated and customary terms, posted safety signs, rules and verbal instructions as conditions for participation in any party and/or program at Jolly Jumpz Bounce World. In addition, if I observe any hazard during our participation, I will bring it to the attention of the nearest Jolly Jumpz Bounce World employee or official immediately.

I, for myself and participant(s) named below, and our respective heir, assigns, administrators, personal representatives, and next of kin, hereby release and hold harmless, Partner Up Promotions dba Jolly Jumpz Bounce World, their affiliates, officers, member, agents, employees, and other participant from and against any and all claims, injuries, liabilities or damages arising out of or related to our participation in any and all Jolly Jumpz Bounce World programs, activities, parties and use of the play area and/or inflatable equipment.

Each participant must have a waiver form signed, either by then or if under the age of 18 years, then signed by a parent/legal guardian or designated representative by parent/legal guardian. If a waiver is not signed, the person will not be able to participate in Jolly Jumpz Bounce World programs, parties and/or use of the play area and inflatable equipment.

_____ Participant Name	_____ Participant Date of Birth
_____ Participant Name	_____ Participant Date of Birth
_____ Participant Name	_____ Participant Date of Birth
_____ Participant Name	_____ Participant Date of Birth

By signing below, I agree to the above information.

Parent/ Legal Guardian / Representative Signature

Date

Parent/ Legal Guardian/ Representative Printed Name

Email Address



Pine Island Public School
223 1st Ave. SE
PO Box 398
Pine Island MN 55963

Non-Profit Organization
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Postal Patron