

Pine Island Kindergarten Round-Up



March 1, 2019

Welcome!



Cindy Hansen, Elementary Principal
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Kara Cordes and Teri Carlson, Administrative Assistants
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tcarlson@pineisland.k12.mn.us
507.356.8581

Our Kindergarten Team



Señorita Bjick
Mrs. English
Mrs. Giesen
Ms. Kennedy
Mrs. Matera
Mrs. Nehring
Mrs. Volch

Agenda

8:45-9:45

Future kindergartners: Story, art activity, and choice time in kindergarten classrooms

Parents: Whole-group parent meeting with Mrs. Hansen

10:00-11:00

Tours, bus rides, and assessments

Flickr check-in

<http://www.flickr.com/photos/118831793@N04/>

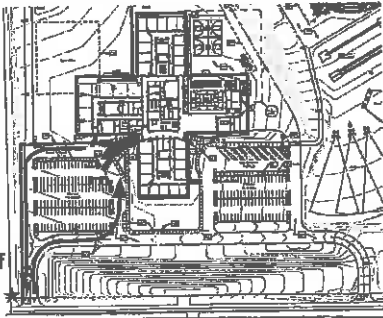
<http://tinyurl.com/piroundup>

Top Ten Things to Know



How to Start and End the School Day

Parent
Drop-Off
and
Pick-Up



Top Ten Things to Know



Bus Transportation

Lisa Swanson

lswanson@pineisland.k12.mn.us

Top Ten Things to Know



Cafeteria and Recess

**Sandy Stefl-Reese, Food
Services**

sstefl-reese@pineisland.k12.mn.us

Flickr check-in



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Top Ten Things to Know



Health Services

Krista Despins, Nurse

krista.despins@pineisland.k12.mn.us

Top Ten Things to Know



Community Education

Kelly Barker

kbarker@pineisland.k12.mn.us

Top Ten Things to Know



**Your Child's Teacher & Your
Child's School Day**

Flickr check-in



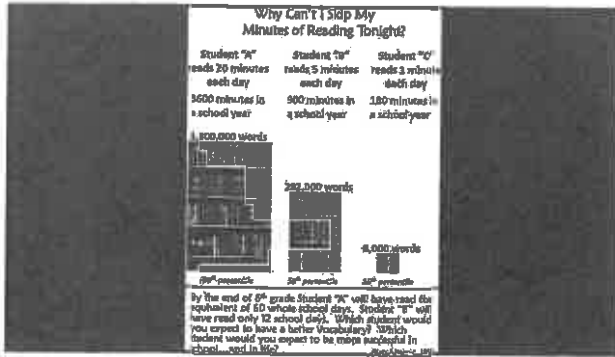
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Top Ten Things to Know



100 Book Challenge



Top Ten Things to Know



Communication & Parent Involvement (PTO)

Top Ten Things to Know



Spanish Immersion & Panther Prep Opportunities

Spanish Immersion

Learning another language is not only learning different words for the same things, but *learning another way to think about things*.

- Flora Lewis (emphasis added)



Why Immersion?

- Fluency in two languages before students leave elementary school
- Increased academic performance
- Flexible thinking
- Cultural competence
- Global awareness



Why Immersion?

- It is the most effective type of world language program currently in schools
- Dual language proficiency is a sought-after job skill in a competitive global market
- Students in immersion programs experience cognitive benefits as they focus harder to understand the target language



Language 1: 10. 2. 10. 2020. What's the best way to learn about foreign languages?
Immersion programs: https://www.immersion.org/

Immersion: How It Works

- In kindergarten, students will be in a 90/10 environment.
 - 90% of the day will be in Spanish
 - 10% of the day will be in English (specialist classes)
- Beginning in second grade, classrooms move to an 80/20 split. By the end of fourth grade, classrooms will approach a 50/50 split.



Immersion: How It Works

- Teachers are fluent in both English and Spanish.
- In kindergarten, students often respond to the teacher in English. Students also converse with each other in English. Over time, as students get older, they begin to respond in Spanish.
- All attempts at Spanish are celebrated and supported.



Immersion: Curriculum

- Students in the immersion classroom operate under the same district curriculum standards as all kindergartners in Pine Island.



Immersion: Homework

- Parents are not expected to know Spanish!
- Speak and nurture English at home
- Current Immersion families use a variety of apps to help with Spanish at home
- Students will choose to bring home Spanish or English books for 100 Book reading



Immersion: Reading Skills

- Listening and reading develop earlier than speaking and writing
- Research has shown that students in immersion programs perform at or above their grade-level peers on English reading assessments by approximately 3rd grade



Adapted from: <http://www.immersion.org/parents/parents.html>
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Immersion: Is It For Me?

- Yes!
- This is a multi-year commitment.
- Learning a language is hard work. Be a cheerleader for your child and for the program.



Immersion: Our Process

- Students will be admitted on a lottery basis
- Immersion enrollment forms are available in your packet
- Enrollment opens today and ends March 15
- We will notify families by April 15 of their admission to the program



Primary Panther Prep

- Designed for young kindergartners
- Designed for families who are not sure if their child is ready for regular kindergarten
- At the end of the Prep year, teacher and parents determine future placement



Primary Panther Prep

- Same days and times as regular kindergarten
- No cost



Primary Panther Prep

- Same curricular standards but slower pace, smaller class size, and more opportunity for play to develop social & emotional skills
- Same specialists as regular kindergarten
- Same access to types of experiences like field trips and "special days", but the format might be different



Primary Panther Prep

- Students must be kindergarten age (5 years old by September 1) and registered for kindergarten as of today
- Students are invited according to birthday (start at August 31 and work backwards)



Childhood is not a race to see how quickly a child can read, write, and count. Childhood is a small window of time to learn and develop at the pace which is right for each individual child.





Flickr check-in



<http://www.flickr.com/photos/118831793@N04/>

<http://tinyurl.com/piroundup>

Top Ten Things to Know



Panther Pride

Thank you!



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<http://tinyurl.com/piroundup>



Pine Island Elementary Day-At-A-Glance

Official school day:

8:10-2:55

Drop off at the elementary:

7:30 Supervision begins in front entryway

8:00 Doors open

- Breakfast is served

8:00-8:10 Main drop off time

- Curbside for drop off only
- Park in the parking lot if you would like to walk your child to the front door (parents do not walk their child to the classroom)
- Please yield to buses

Drop off at the 5-12 site (shuttle riders):

7:15 Breakfast is served

7:40ish Start to load shuttle buses

7:49 Shuttle buses depart

Breakfast:

Free to all kindergarten students

If a shuttle rider, can eat at either school

Late arrivals:

Check in at the office after 8:10 for a late pass

Parents come into the office to sign in the child

Early pick ups:

Parents come into the office to sign out the child

Pick up at the elementary:

2:55 Doors open

- Curbside pick up
- Park in the parking lot if you would like to walk your child to the car

Pick up at the 5-12 site (shuttle riders):

3:09 Shuttles arrive at the 5-12 site

- Buses park behind the 5-12 school
- Have a meeting spot for your child

Absences:

Please contact the office as soon as possible to report an absence

- 507-356-8581
- k4absentchild@pineisland.k12.mn.us

Visitors:

We welcome visitors!

- Lunch is a great time to visit your child at school
- Classroom volunteers begin later in the school year
- All visitors check in at the office with a driver's license during school hours

Kindergarten Checklist

Skills to work on before Kindergarten

- ☐ Be able to state first and last name
- ☐ Correctly hold writing instruments
- ☐ Write their first name using correct letter formation
- ☐ Know all the letters in their first name
- ☐ Identify most upper and lowercase letters
- ☐ Identify numerals 0-10 in random order
- ☐ Use fingers to accurately touch count items
- ☐ Be able to rhyme words
- ☐ Basic understanding of books (how to hold, turn pages, identify cover/back of book)
- ☐ Be able to retell simple stories in sequence
- ☐ Use restroom and wash hands independently
- ☐ Tie shoes
- ☐ Sit for a story for 5-10 minutes
- ☐ Clean up after themselves
- ☐ Share materials and toys with other children

****Please remember that all children develop at different times.**

Kindergarten is a very structured setting and your child needs to be ready. The best thing you can do for your child is to give them the gift of time if they're not socially and emotionally ready! This checklist is an indicator, not a sure thing. Keep in mind the best interest of your child when completing this checklist

Map



Pine Island Public Schools 2019-2020 School Year Calendar

AUGUST 2019						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

19 Teacher Work Day
20-22 Staff Development
26 1st Day for 7-12
26-28 PreK-6 Conferences
Pictures for PreK-4
29 1st Day for K-6
Preschool Open House
9 Staff/5 Student Days

11 ECCE Family Dance
17 Presidents' Day-NO
SCHOOL

19 Staff/19 Student Days

FEBRUARY 2020						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

SEPTEMBER 2019						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2 Labor Day-NO SCHOOL
3 Preschool Starts
30 Homecoming Coronation

20 Staff/20 Student Days

3 PreK-6 Conf 4-8:00
7-8th Conf 4-7:30
5 PreK-6 Conf 4-7:30
7-8th Conf 4-7:00
12 End of Qtr 3 (42 days)
13 Teacher Work Day-NO
SCHOOL
16-20 Music Trip-NO SCHOOL
17 Staff/16 Student Days

MARCH 2020						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

OCTOBER 2019						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

7 At Risk Conf 4:30-7:30
9-10 Early Childhood
Screening
17-18 Fall Break- NO
SCHOOL
24 Harvest Party
25 End of Qtr 1 (42 days)
28 Teacher Work Day
21 Staff/20 Student Days

4 Egg Hunt
10 Comp Day-NO SCHOOL
23 Grade 5 Concert
25 Visual Arts/Jazz Concert

22 Staff/21 Students Days

APRIL 2020						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

NOVEMBER 2019						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

4 PreK-6 Conf 4-8:00
7-8th Conf 4-7:30
7 PreK-6 Conf 4-7:30
7-8th Conf 4-7:00
11 Veterans' Day
15-17 School Play/Musical
25 9-12 Open Conf 4-7:00
28-29 Thanksgiving Break-
19 Staff/19 Student Days

2 Prom
13 Awards Night
14 Preschool End of Yr Program
22 Last Student Day
Graduation 7 pm
25 Mem Day-NO SCHOOL
26 Teacher Work Day-NO
SCHOOL
27-29 Staff Development
0 Staff/16 Student Days

MAY 2020						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

DECEMBER 2019						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

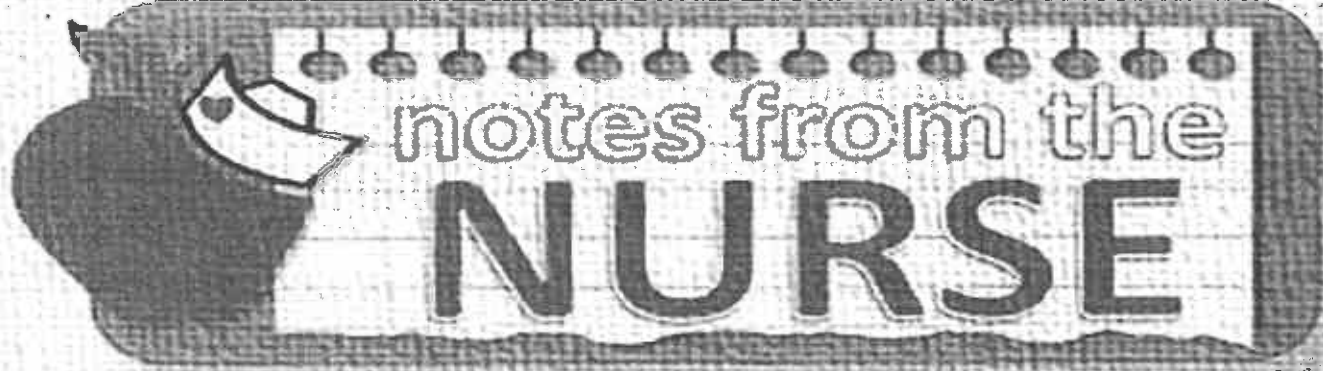
2 Band Concert 7:30
7 Breakfast with Santa
9 Orchestra Concert 7:30
16 Vocal Concert 7:30
23 Comp Day-NO SCHOOL
24-31 Winter Break-NO
SCHOOL
16 Staff/15 Student Days

JUNE 2020						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JANUARY 2020						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

1 New Year's-NO SCHOOL
2 School Resumes
9 6/7 Band/Orchestra
Concert
10 End of Qtr 2 (44 days)
13 Teacher Work Day-NO
SCHOOL
27 9-12 Registration Conf
22 Staff/21 Student Days

★ Holiday
★ Teacher Work Day-
No School
★ Staff Development-
No School
★ Teacher Comp Day-
No School
☺ No School
♥ End of Quarter
○ New Staff Work Day
▲ Kickstart Option



DEAR CLASS OF 2032 FAMILIES:

Vaccinations:

- Students must have kindergarten vaccinations turned into health office **PRIOR** to starting kindergarten.
- Students **will not be allowed** to start school without the vaccinations on file or the conscience objection form notarized.

For the safety of students, it is recommended that medications be given at home whenever possible.

For example, medication prescribed three times a day can be given before school, after school and at bedtime.

Parents/Adults must drop off medications for children in grades prek-4th. **NO medication** will be accepted or given if a child brings it to school.

- Prescription medications (e.g. ADHD medication, Epipen, Inhaler) require: Physician & Parent signature, medication in prescription bottle
- Over the counter medications (e.g. Cough Drops, Tylenol, Ibuprofen) require: Original container, medication prescribed by AGE, parent signature (Anything that is outside the prescribed age must have physician signature)

Special diets, allergies, epipens, inhalers, or other concerns:

Please contact the health office so we can fill out the correct forms and be prepared, prior to school starting, with a health plan to meet the needs of your child.

Immunizations, forms and more information about any health concern are online. Please look at the Pine Island Schools Homepage - District, Departments, Health Services

<http://www.pineisland.k12.mn.us/cms/One.aspx?portalId=242366&pageId=1291242>



Contact Information:

Krista Despina RN

Licensed School Nurse

Phone: (507) 356-3222

Email:

Krista.Despins@pineisland.k12.mn.us

Fax: (507) 356-6406

Primary Panther Prep

Primary Panther Prep was developed in response to families who struggle with the decision of sending their child to kindergarten or waiting another year. A slower pace, smaller class size, and more choice time allow students to develop the social, emotional, and academic skills needed for future success in a regular kindergarten or first-grade classroom.

Some details about the program:

Attendees.

Students must be kindergarten-age (5 years old by September 1) to attend Prep. Students are invited to Prep according to their birthday, with youngest students being invited first. The final decision for class lists is made by the building principal. **We will contact qualifying families by the end of March.**

Class size.

Maximum of 14.

Curriculum

Curriculum is based on kindergarten standards but not as in-depth (for example, not as many repetitions of practice on math problems). There are more choice activities during the day to help guide students' social and emotional growth.

Students attend the same specialists (music, PE, SMART, art, technology, library, and guidance) as the regular kindergarten classes. Students have access to the same types of additional experiences as the regular kindergarten classes, although special days and field trips might have a different structure.

Schedule.

Prep is 5 days per week, 8:10-2:55, like regular kindergarten.

Cost.

There is no cost.

Future Path

At the end of the Prep year, the teacher and parents collaboratively discuss the student's future placement. Students from Prep may enter a regular kindergarten classroom or a first-grade classroom the following year.

Pine Island SACC Program

Cool Panthers – Panther Cubs, Panther Pals & Cool School

The Pine Island school-aged childcare is a group setting where we believe that all children deserve a safe, nurturing, educational and fun environment to be in at all times. Cool Panthers believes in doing all activities as a group. If your child doesn't adjust well to group settings, please understand, we do not provide one on one care. Cool Panthers provides enrichment activities while also emphasizing homework and reading. Both groups offer many fun activities including board games, puzzles, books, manipulative objects, group games, brain games, simple crafts, outside play, and experiments.

Panther Cubs = Preschool

Panther Pals = Kindergarten – 1st Grade

Cool School – 2nd Grade & Up

Cool Panthers Overview

- Before & After School
- Non-School Days
- Summer Program
- Hours of operation is from 6:00am-6:00pm
- Before school 6:00am-8:00am
- After school 3:00pm-6:00pm
- Non-School/Summer 6:00am-6:00pm
- Located right in the Elementary School
- Closed on the following days
 - New Year Day
 - Presidents' Day
 - Good Friday
 - Memorial Day
 - Week of 4th of July
 - Labor Day
 - Thanksgiving Day & Day After
 - Christmas Eve Day
 - Christmas Day
 - New Year's Eve Day
 - Snow Day's

Registration Steps

1. Contact Jennie Barker by email or phone.
2. Complete the Panther Pals registration forms along with submitting a current immunization record.
3. Complete a monthly calendar.

Cool Panther Fees

- *\$25 Registration Fee for the 1st Child and \$10 for each additional child
- *Daily Regular Rate \$4.00 an hour during school year
- *Drop-In Rate \$5.00 an hour during school year
- *\$3.00 monthly processing and software fees.

Breakfast/Lunch/Snacks

Cool Panthers does not provide any breakfast, lunch or snacks.

Breakfast – You may provide breakfast from home or be offered a breakfast at 7:30am through the school cafeteria food program. Each child will need to set up a lunch account through the school.

Lunch – Each child will need to bring a lunch during non-school and summer days. No access to microwave or refrigerator for your child's lunch.

Snacks – Each child will need to bring an afternoon snack and 2 snacks on non-school and summer days.

No pop, candy, or gum is allowed at anytime unless specified for a special day!




SACC Director – Jennie Barker Email – Jennie.barker@pineisland.k12.mn.us Phone – (507)272-7140



NEW

EASY-TO-ACCESS SCHOOL MENUS



The way we access our school menus is changing in an exciting new way! Pine Island Schools, in partnership with Chartwells K12, is now using Nutrislice to publish the school menus to a new interactive website and a free smartphone app! Now our school community can access our menus anywhere, anytime!

New easy-to-use features include:

- More information about menu items, including a photo and description
- Filter for common food allergens like nuts, wheat and dairy
- A translation feature to translate your menus into a number of different languages
- Access to nutrition information like carb counts and calories with just a few clicks!

The new site and mobile app is available now. Information will be posted on our Facebook page and emailed home. Be on the lookout for the information. Or you can go to our school website, at the bottom of the page click on the Chartwells Menu and it will bring you to the new website. Feel free to direct any questions to Sandy Stefl-Reese.



nutrislice

chartwells
eat. learn. live



MEAL SUBSTITUTIONS AND MODIFICATIONS

I. PARTICIPANTS WITH DISABILITIES

DEFINITION OF "DISABILITY"

The provisions requiring substitutions or modifications for persons with disabilities respond to the federal requirements under Section 504 of the Rehabilitation Act of 1973 and the regulations that implement that law (7 CFR 15b) which provide that no otherwise qualified individuals shall be excluded from participation in, be denied benefit of, or subjected to discrimination, under any program or activity receiving federal financial assistance, solely on the basis of their disability. Therefore, substitutions to the meal pattern, or modifications to a food item, are required for those participants with disabilities who are unable to consume the regular program meals.

Definition of "handicapped person" from 7 Code of Federal Regulations 15b(3):

The definition of "handicapped person" is provided in 7 CFR 15b(3)(i):

- (i) *"Handicapped person" means any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such an impairment, or is regarded as having such an impairment.*

The parts of the definition of "handicapped person" shown in bold print are further defined in 7 CFR 15b(j) through 15b(m).

- (j) *"Physical or mental impairment" means (1) any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: Neurological; musculoskeletal; special sense organs; respiratory, including speech organs; cardiovascular; reproductive; digestive; genitourinary; hemic and lymphatic; skin; and endocrine; or (2) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities. The term physical or mental impairment includes, but is not limited to, such diseases and conditions as orthopedic, visual, speech, and hearing impairments; cerebral palsy; epilepsy; muscular dystrophy; multiple sclerosis, cancer; heart disease; diabetes; mental retardation; emotional illness; and drug addiction and alcoholism.*
- (k) *"Major life activities" means functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working.*
- (l) *"Has a record of such an impairment" means has a history of, or has been misclassified as having, a mental or physical impairment that substantially limits one or more major life activities.*
- (m) *"Is regarded as having an impairment" means (1) has a physical or mental impairment that does not substantially limit major life activities but that is treated by a recipient as constituting such a limitation; (2) has a physical or mental impairment that substantially limits major life activities only as a result of the attitudes of others towards such impairments, or (3) has none of the impairments defined in paragraph (j) of this section but is treated by a recipient as having such an impairment.*

FOOD ALLERGIES AND INTOLERANCES

Generally, participants with food allergies, intolerances or obese participants are not considered to be persons with disabilities as defined above, and therefore, substitutions are not required. However, when in the physician's assessment food allergies may result in severe, life-threatening reactions (anaphylactic reactions) or the obesity is severe enough to substantially limit a major life activity, the participant is considered to be disabled and substitutions prescribed by the physician must be provided.

SPECIAL DIET STATEMENT (for participants with a disability)

The determination of whether a participant has a disability, and whether the disability restricts the participant's diet, are to be made on an individual basis by a licensed physician. A statement signed by a licensed physician must support substitutions. The Special Diet Statement must identify:

1. The participant's disability and an explanation of why the disability restricts the participant's diet;
2. Which of the major life activities listed in 7 CFR 15b(k) (see above) is affected by the disability; and

3. The food or foods to be omitted from the participant's diet and the food or choice of foods that must be substituted. For example, if the disability requires caloric modifications or the substitution of a liquid nutritive formula, this information must be included in the statement.

The Special Diet Statement does not need to be renewed on a yearly basis; however, it must reflect the current dietary needs of the participant.

For participants with disabilities who only require modifications in texture (such as chopped, ground or pureed foods), a physician's written instructions indicating the appropriate food texture is recommended, but not required. However, the sponsoring authority may apply stricter guidelines requesting that a Special Diet Statement be provided for modifications in texture. Unless otherwise specified by the physician, meals modified for texture will consist only of food items and quantities provided in the regular menus.

II. PARTICIPANTS WITHOUT DISABILITIES

Substitutions may be made for participants who are unable to consume a food item because of a medical or other special dietary need but who do not meet the definition of "handicapped person" in 7 CFR 15b. Sponsors are encouraged, but not required, to provide food substitutions or modifications for participants without a disability. However, substitutions may be made on a case-by-case when supported by a statement signed by a recognized medical authority.

Participants who are **overweight** or have **elevated blood cholesterol** generally are not considered to have a disability and sponsoring authorities are not required to make substitutions for them.

In most cases, the special dietary needs of persons who do not have a disability may be managed within the normal program meal service (no Special Diet Statement) when a well-planned variety of nutritious foods is available to participants, and/or the "offer versus serve" provision (if applicable) is utilized to maximize the participants' choices. Whenever substitutions can be provided within the meal pattern, no Special Diet Statement is required.

SPECIAL DIET STATEMENT (for participants without a disability)

Food substitutions for a participant **without** a disability may be made on a case-by-case basis when supported by a statement signed by a recognized medical authority. In Minnesota, recognized medical authorities are licensed physicians, physician's assistants, certified nurse practitioners, registered dietitians, licensed nutritionists and chiropractors.

The Special Diet Statement for a participant **without** a disability must include: (1) an identification of the medical or other special dietary need which restricts the participant's diet and (2) the food or foods to be omitted from the participant's diet, and the food or choice of foods that may be substituted. The statement does not have to be renewed each year as long as there are no changes.

III. STATE LAW ON LACTOSE INTOLERANCE (for School Nutrition Programs)

The responsibility of a school food authority to provide substitutions for any child with lactose intolerance is specified in state law (Minnesota Statutes section 124D.114). Under this law, a school district or nonpublic school that participates in the National School Lunch Program or School Breakfast Program and receives a written request from a parent shall make available:

- ◆ Lactose-reduced milk; or,
- ◆ Milk fortified with lactase in liquid, tablet, granular or other form; or,
- ◆ Milk to which lactobacillus acidophilus has been added.

The school is **not** required to make available any other substitute, such as juice, based on lactose intolerance.

IV. COOPERATION

When implementing these guidelines, food service personnel should work closely with parents, other responsible family members, and with all other school, child care, medical and community personnel who are responsible for the health, well-being and education of participants with disabilities or with other special dietary needs to ensure that reasonable accommodations are made to allow participation in the meal service. This cooperation is particularly important when accommodating participants whose disabilities require significant dietary modifications or personal assistance.

Nut-Free Zone



Please do not bring any
products containing
nuts (peanuts or tree
nuts) into area.

Thank you for helping
to keep our children
safe.

ALLERGY FREE
Table

© 2010 Allergy Free Table

SPECIAL DIET STATEMENT

Information requested on this form must be thoroughly completed and signed by a licensed physician or recognized medical authority and then submitted to the school/center/site before any meal modifications will be made in the United States Department of Agriculture Child Nutrition Programs. This form must be updated whenever the participant's diagnosis or special diet changes. Special diet requests will be evaluated on a case-by-case basis.

For a participant **with a disability** that restricts diet: Requests for a special diet must be supported by a statement of the disability and a diet order signed by a licensed physician. A school/center/site must comply with requests for special meals, food substitutions and/or any adaptive equipment. However, the school/center/site reserves the right to negotiate special food requests with the physician if product availability is a concern.

For a participant **without a disability** who is medically certified as having a special dietary need: Requests for a special diet must be supported by a diet order signed by a recognized medical authority (licensed physician, physician's assistant, certified nurse practitioner, registered dietitian, licensed nutritionist or chiropractor). A school/center/site is encouraged to accommodate reasonable requests but is **not** required to do so.

PART 1: PARTICIPANT INFORMATION

PARENT OR GUARDIAN MUST COMPLETE. PLEASE PRINT.

Participant's Name: Last / First / Middle Initial				Today's Date:	
Name of School: Pine Island				Date of Birth:	
Parent/Guardian Name:		Phone Numbers: (H) (C)		Work Phone Number:	
Parent /Guardian Address:		City:		State:	Zip code:
Meals to be eaten at Pine Island School (circle all that apply) *NOTE: Parents provide snacks for their own child					
School: Breakfast Lunch		Center / Child Care: Breakfast Lunch			
Parent/Guardian Signature: _____ Date: _____					
NOTE to Parent/Guardian/Participant: In order to authorize the licensed physician to discuss or clarify this Special Diet Statement (if necessary) with the director of the school/center/site, you must also complete and sign the Voluntary Authorization Section at the end of this form.					

PART 2: PARTICIPANT STATUS

(MUST CHECK ONE OF THE TWO BOXES AND COMPLETE THE TEXT)

LICENSED PHYSICIAN OR RECOGNIZED MEDICAL AUTHORITY MUST COMPLETE.

☐ Participant has a **disability** and requires a special meal or food accommodation. A licensed physician must complete Questions 1-3 (below), Part 3 and Part 4 of this form before signing and dating this statement.

Physician - please refer to the companion document titled Meal Substitutions and Modifications for definitions of "disability" and "major life activities."

1. If participant has a disability, describe the disability: _____ (e.g., Celiac Disease)
2. What are the "major life activities" affected by the disability? _____
3. Describe how the disability restricts the participant's diet: _____

- ☐ Participant does not have a disability but is requesting a special meal or accommodation (e.g., food intolerance). A recognized medical authority (licensed physician, physician's assistant, certified nurse practitioner, registered dietitian, licensed nutritionist or chiropractor) must complete the statement below, Part 3 and Part 4 of this form before signing and dating this statement.

If participant does not have a disability, state the medical or special dietary condition which restricts the participant's diet:

PART 3: DIET ORDER

LICENSED PHYSICIAN MUST COMPLETE IF PARTICIPANT HAS A DISABILITY OR
RECOGNIZED MEDICAL AUTHORITY MUST COMPLETE IF PARTICIPANT DOES NOT HAVE A
DISABILITY

Check which dietary modification(s) the participant needs and then specify in Part 4 what foods must be omitted and what foods must be substituted.

Check ☒ all that apply:

☐ Diabetes (additional instructions): _____

☐ Gluten Free

☐ Lactose Intolerance: ☐ No milk to drink (Schools: participant must be offered lactose-reduced milk as required by state law (Minnesota Statute section 124D.114) when supported by a written request from the parent/guardian.

☐ Food Allergy that is Life Threatening/Anaphylactic: (considered a disability)

☐ Food Allergy: (PLEASE NOTE: a food allergy is not considered a disability unless it results in a life-threatening reaction).

♦ Please note: the school/center/site cannot guarantee that the facility or dining area will be allergen free. ♦

☐ Other Dietary Modification / Additional Instructions (describe): _____

_____ (attach specific diet order instructions)

PART 4: FOODS TO BE OMITTED / SUBSTITUTED

LICENSED PHYSICIAN OR RECOGNIZED MEDICAL AUTHORITY MUST COMPLETE

Foods to be omitted and substitutions: Please list specific foods to be omitted and suggest food substitutions. You may attach a sheet with additional information. Leave Part 4 blank if not applicable or if fully described in Part 3.

[illegible]

SIGNATURE OF LICENSED PHYSICIAN OR RECOGNIZED MEDICAL AUTHORITY

LICENSED PHYSICIAN OR RECOGNIZED MEDICAL AUTHORITY MUST SIGN and RETAIN A COPY of this DOCUMENT.

- ☐ I certify that the participant requires a special diet due to the participant's disability (licensed physician must sign).
- ☐ I certify that the participant has a special dietary need and is requesting accommodation as described in this statement.

Licensed Physician OR Recognized Medical Authority Name/Credentials (print): _____

Signature: _____ Date: _____

Clinic/Hospital Name: _____ Phone #: _____

**VOLUNTARY AUTHORIZATION
PARENT OR GUARDIAN TO COMPLETE****(TO ALLOW A LICENSED PHYSICIAN OR RECOGNIZED MEDICAL AUTHORITY
TO DISCUSS OR CLARIFY A DIET ORDER WITH A SCHOOL/CENTER/SITE DIRECTOR)**

This authorizes the licensed physician or recognized medical authority to discuss or clarify the diet order prescribed for _____ (participant's name) with the director at _____ (name of school/center/site). This authorization will remain in effect until the diagnosis has changed or a new diet order is prescribed.

This authorization may be revoked at any time by submitting a request in writing to the physician or recognized medical authority who originally signed the Special Diet Statement.

I understand that specific information disclosed pursuant to this authorization may be subject to re-disclosure by the school/center/site director and will no longer be protected under the Health Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Rule.

Parent/Guardian Signature: _____ Date: _____

Note to parent/guardian/participant:

- After review of this Special Diet Statement, the school may need more information or clarification from the physician or recognized medical authority before it can provide the special diet. If more information is needed but this authorization statement has not been signed, implementation of the special diet may be delayed.
- If authorization is signed, make a copy of this document before submitting to the school.

Who Benefits from Breakfast?

Parents & Guardians

- Mornings Are Easier
- Children Start the Day Ready to Learn
- Breakfast Skipping Addressed

Principals

- Attendance Improves
- Test Scores Improve
- Discipline Problems Decline

Teachers

- Behavior Improves
- Academic Success Improves
- Attention Increases

School District

- Participation Increases
- State & Federal Reimbursements Increase
- Nutritious Foods Served

Studies Show Children....

- Have Longer Attention Spans
- Perform Better at Complex Tasks
- Score Better on Standardized Tests
- Have Better Social Skills
- Are More Alert
- Miss Fewer Days of School

.....When They Eat Breakfast!

State Funded Free Breakfast for Every
Kindergarten Student in Minnesota



How to Pay School Fees

Lunch, Course, Classroom, Planner, Snack Cart, Milk Break, Extracurricular Activities (Non-Athletic) and Sports Passes

1. Go to school website www.pineisland.k12.mn.us
2. Scroll down to the **Online Fee Payments Button**
3. Click on Skyward Food and Fees Square and follow directions below
 - a. Enter email address
 - b. Enter password if you already have an account (this is a password you created in the past) New accounts should click the new account button at the bottom of the window.
4. Log In
 - a. You will log into your Skyward account. You will need a Skyward password to create an account. You can receive this from your school building Admin. Asst.
 - b. Lunch Fee: On the left hand side you can pick food accounts under Food Service to put money in your family lunch account.
 - i. Add the dollar amount and then click add selected to cart
 1. Now you can check out or continue to shop
 - c. Required Fees: please add all required fees to cart before checking out, they will be listed at the top of the screen under required.
 - d. Optional Fees: on the left hand side pick your student under Student Fees
 - i. Find the optional fee you would like to pay, add the amount and click add selected to cart at the top of the list, now you can check out or continue to shop

Note: Sports passes will need to be picked up in the 5-12 office during school hours.

Student Parking Fee

1. Follow steps 1-4 above
2. Click on the Parking Square
 - a. Enter the student last name, first name, grade and add to cart